

THE
VENUE
@ THE MAZCC

New!

Yoga with Amanda

Every Tuesday 10am – 11.30am



First Session 19th June

Yoga is a powerful vehicle for change, as you build strength you start to believe your own potential. We will go on a journey inwards. See you on the mat.

All welcome.

£2.50 or a sticker.

Please contact Michael / Hagit for more information on 0113 218 5846 / 07590 862512 or on hagit.greenberger@ljwb.co.uk

The Marjorie and Arnold Ziff Community Centre 311 Stonegate Road Moortown Leeds LS17 6AZ T: 0113 268 4211



0113 203 4915 W: www.ljwb.co.uk E: the.board@ljwb.co.uk

4th June 2018