

THE VENUE @ THE MAZCC
311 STONEGATE ROAD
LEEDS, LS17 6AZ

TEL: 0113 268 4211
www.ljwb.co.uk

ACTIVITY PROGRAMME



Creative Writing		
WEA	www.wea.org.uk	0113 245 3304
Dance Fit		
Diane Daniels		0778 893 1760
Parkinsons Group		
Linda Thompson		0194 346 1640
Singing for Pleasure		
Joan Stevens		0113 267 8090
Slimming World		
Sonia Diclemente	www.slimmingworld.com	0780 240 0818
S.O.S		
Phyllis Davidson		0194 346 2200
Tap Dancing		
Jill Caplan		0113 288 6994
Yoga		
Danya Cole	danyacole@aol.co.uk	0794 381 3571

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Art Class 10am – 12pm	Baby Bubbles 😊 9.30am – 12pm	Toddler Group 😊 Stay and Play 9.30am – 12pm	Toddler Group * 😊 Fun Tales 9.30-12pm	Slimming World 9.00am – 12.30pm
Keep Fit 10.30am – 11.30am	Chairobics 11am – 12pm	Art Class 10am – 12pm	Art Class 10am – 12pm	Toddler Group * 😊 Baking Buddies 9.30am – 12pm
Toddler Group 😊 Stay and Play 9.30am – 12pm	Community Allotment Group * @ The Henry Cohen Campus 10am – 12pm	Music Appreciation 10am – 12pm	Parkinsons Group Gentle Exercises 10.30am – 11.30am	Creative Writing Course * 10am – 12pm
Carers Group 11am – 1pm or 5.30pm-7pm (Last Monday of the month Timings alternate)	Drop in Computer Session 12.15pm – 1.15pm	Keep Fit 10.30am – 12pm	Police Drop In For any queries or concerns 11am – 1pm	Topical Discussion Group 10.30am – 12pm
Tap Dancing (Some experience needed) 12pm – 1pm	Team Quiz * NEW 1-2pm (1 st Tuesday of every month)	S.O.S (Save Our Sight) Visually Impaired Social Group 10.30am-2.30pm (Fortnightly)	Flower Arranging * NEW 2pm- 3pm (1 st Thursday of every month)	
Film Club 1pm – 3.45pm (Alternate Mondays)	Toddler Group * 😊 Art Attack 1.30-3pm (Term Time Only)	Baby Signing * 😊 1pm – 2pm (Term Time Only)	Table Tennis 2pm – 3pm	SUNDAY
Afternoon Tea & Entertainment 2pm – 4pm	Bingo 2pm – 3pm	Communications Project * (IT Skills) 2pm – 3pm (Term Time Only)	Sensory Loss Social Group 2pm – 4pm (1 st Thursday of every month)	ToGetHere * 😊 Social Group for Children with Additional Needs 10am – 11am (Term Time Only)
	Yoga 7.30pm – 8.30pm	Sing Yourself Happy 2pm – 3.30pm	Slimming World 5.30pm – 9pm	
		'Brand New Baby' Café NEW 2.15pm-3.15pm 😊		
		Scrabble 2.30pm – 4.30pm		
		Film Club 4.30pm – 7pm (Alternate Wednesdays)		
		Singing for Pleasure * 7pm – 9pm		

* **Booking essential**
😊 **For Children**

Contact Hagit
0113 218 5846
Hagit.greenberger@ljwb.co.uk

Contact Sharon
0113 218 5857
sharon.bedford@ljwb.co.uk

Contact Melanie
0113 218 5893
Melanie.tillman@ljwb.co.uk

See overleaf for individual
numbers

February 2018
Subject to change. We suggest you call to confirm your class is going ahead

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