



## **VOLUNTEERING NEWSLETTER** **January 2018**

### **HAPPY NEW YEAR**

I would like to wish all the Volunteers a very Happy New Year! Where might I ask did 2017 go? There were many events to celebrate during 2017 and many more to come in 2018. For me personally the start of a new year is a great time to reflect on my fortunes and difficulties over the last 12 months and to look forward with renewed optimism for the coming year. I don't personally make New Year resolutions instead I like to make 'promises' of what I intend to do for the better. This coming year I plan to try to make more of a difference around me and to encourage my children to do the same. We spend time as a family agreeing what we can do to support others. This can be something as simple as sending a card to say hello, to giving time to a worthy cause, donating items or money. One of the most positive and empowering attributes of working for the Welfare Board is that this positivity runs through everything we try to do to support those around us and this is great cause for celebration.

If you would like to contact me please:

Email [angie.furminger@ljwb.co.uk](mailto:angie.furminger@ljwb.co.uk)

Phone: 0113 218 5893



### Quote of the month

*'A New Year is on the way and its possibilities are endless'*

## THANK YOU

This month's thank you is to all the volunteers who supported with the Chanukah Party on the 12<sup>th</sup> December. I was amazed by how many of you supported and made the event so enjoyable for everyone who attended.



Thank you to: **Vanessa Hedwat, Hilary Bickler, Sheryl Harris, June Burton, Roselyn Manning, Elaine Peters, Rosie Bott, Jill Franklin, Ian Franklin, Linda Sandler and Carol Taylor.**

Thank you too for the volunteers who have supported the development of the Communication project: **Angela Novis, Lisa Lees, Peter Lisowiec, Sue Lee and Chris Furninger.** The project has made a great start and everyone who has joined the sessions has really enjoyed them.

Thank you too to **Denise Capel** for supporting a very vulnerable lady to an appointment and making her feel so safe and cared for.

I would also like to thank **Saul Reuben** for his support in helping me to develop a new volunteer database. This will make recording volunteering and reporting more effective.

## Congratulations

Saul Reuben one of our volunteers has won a 2017 Star Volunteer Award from his employer People Matters (West Yorkshire) for volunteering services in their office, he developed an intranet using an iCloud system called 'Three Rings', he now has a permanent paid position with them as an Administrator.

Saul continues to volunteer for LJWB and is proof that volunteering can lead on to positive life changes.



# SIGNING IN/OUT

## SIGNING IN/OUT

Please can I ask all volunteers to sign in/out on the volunteer sign in sheet on reception- This is for 2 reasons firstly we need to make sure we know who is in the building for health and safety and fire regulations and secondly it is also important to be able to see how many volunteer hours are taking place. This is an important way of recognising all the amazing work that is taking place in the centre.

## NEW PROJECT

We are looking at setting up a new project to provide emergency support to those people in the community who are lonely, isolated and vulnerable.

It would be great to bring together a bank of volunteers who could call to see people who need supplies such as basic shopping or other items. This role would need volunteers with transport who were happy to be called on an ad hoc basis as the need arose. This role would be ideal for those volunteers who are unable to make a regular commitment but would still like to offer support.

All volunteers would need to have a DBS and would receive support and training.

For more information contact

Angie 2185893

[angie.furminger@ljwb.co.uk](mailto:angie.furminger@ljwb.co.uk)

## Befrienders

I am aware that I have been searching for befrienders every month and it has become a regular feature in the newsletter. Befriending is a powerful way to support people in the community and an extremely positive way to make a difference in someone's life-it is a small time commitment each week with a high impact.

Currently there are 16 people hoping to be matched with a befriender. It would be wonderful if we were able to create matches to enable those feeling particularly vulnerable or isolated to feel more part of the community.

Training and support will be given and all matches are considered very carefully. If you feel you are able to give 1 or 2 hours per week to someone who would benefit or would like more information please contact **Angie: 2185893**

[angie.furminger@ljwb.co.uk](mailto:angie.furminger@ljwb.co.uk)



140  
YEARS  
**LJWB**  
POSITIVELY CHANGING LIVES

The World Premiere



**Free Entry**  
Reserve  
Your Place  
Now!

## All I Wanted Was A Doll

A Play by award winning playwright Brian Daniels

**To commemorate the 140th Birthday of  
Leeds Jewish Welfare Board**

Celebrating the history of LJWB and the human stories that have  
made our community stronger

**Tuesday 6 Feb 2018 2.30pm & 6.30pm @ The MAZCC**

**We are looking for enthusiastic amateur actors from the Community to participate  
If you are interested, please contact Brian Daniels on: [brdan@icloud.com](mailto:brdan@icloud.com)**

To reserve your place now, please contact Victoria by Mon 29 Jan 2018 on  
[Victoria.sandler@ljwb.co.uk](mailto:Victoria.sandler@ljwb.co.uk) stating which performance  
you would like to attend

## **Appointment support volunteers**

You will be aware that recently I have been seeking support for people attending a variety of appointments. The people requesting this support struggle for help attending appointments and it would be lovely if we could help where we can.

I would really like to have a bank of people who are happy to be called on to help either drive people to appointments or accompany in a taxi. If you feel this is something you would be happy to do then please contact me.

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## **URGENT VOLUNTEER REQUESTS**



### **thewellfairshop**

Can you spare some time to support in **thewellfairshop**? We are open: Monday-Thursday 9am-5pm, Friday 9am-4pm (Summer) Sundays 9am-2pm. Come along and join the team at the 'Harvey Nichols of the North'

### **BEFRIENDERS**

Can you give an hour of your time each week to become a befriender and reduce isolation in the community? We have a waiting list of people who would benefit from a friendly visit – training and support will be given.

### **ACTIVITIES**

We are seeking more drivers to help support people to attend activities in the centre...can you offer to pick up/take people home who are feeling isolated? We have clients who would like to come to the centre for lunch, to meet friends for coffee or who would like to join in activities.

### **APPOINTMENT DRIVERS/SUPPORTERS**

I am looking for a bank of volunteers who would be happy to help with taking clients to/from various appointments. These appointments will vary. A bank of volunteers who are able to support with this would be appreciated. Information will be given about individual appointments as needed.

### **LISTENING LINE**

Are you happy to chat with people over the phone? Do you think you could be the voice someone who is lonely looks forward to hearing? If so you would be perfect for our listening line. We are seeking volunteers to support the listening line for morning sessions.

### **WELLBEING AFTERNOON -VOLUNTEER DRIVERS and HELPERS**

A bank of drivers is required to bring people to the Wellbeing Afternoon on Mondays at 1.30pm and/or take them home at 4.00pm. We also need someone who can help support the afternoon session.

### **CHAIROBICS/SING YOURSELF HAPPY**

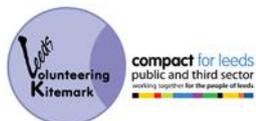
We are looking for helpers with Chairobics on Tuesdays 10.45am-12.15pm and Sing Yourself Happy on Wednesdays 1.45pm-3.45pm. Are you friendly and able to support service users to join in?

**ToGeTher -**  A Sunday group providing children with Special needs an opportunity to play and learn whilst making friends in a safe supported environment. We are seeking volunteers to support the session starting on Sunday 19<sup>th</sup> November from 9am-11am

The 1001 Days Project- A range of new activities and groups to support pregnant women, new parents and families with young children of pre-school age. Various activities throughout the week. Volunteers needed from 8.30am-12.30pm

All volunteers must be aged 16+ and be willing to have a DBS

If you would like **further information** about these and other existing volunteering opportunities, please do not hesitate to contact me. I am situated at the **MAZCC, 9.30am-5.00pm Monday – Thursday, Friday 9.30am-2pm**



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Please keep up to date with activities and volunteering opportunities on social media

Website: [ljwb.co.uk](http://ljwb.co.uk)



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