



VOLUNTEERING NEWSLETTER

December 2017

HAPPY CHANUKAH

The last month has seen a huge change in the weather and we are all now feeling the need to wrap up warm and hibernate!

Fortunately we have several events to look forwards to over the next few weeks where we can come together in celebration. Please remember to take a few minutes to check in on those that are more vulnerable and bring the light to others.

As always there are lots of activities taking place in the MAZCC and we invite you to join in where you can either participating or volunteering to make the events as successful as possible.

If you would like to contact me please:

Email angie.furminger@ljwb.co.uk

Phone: 0113 218 5893



Quote of the month

'There's nothing little about the light you shine'

THANK YOU

I wanted to take the opportunity to thank you all for your hard work and dedication over the last 6 months since I started in my role. I have been truly inspired by the acts of kindness shown by so many of you and the warm welcome I have received.

VOLUNTEER COMMITTEE

We have just held the first new Volunteer Committee Meeting on 28th November. Thank you to those volunteers who have joined the committee. We welcomed volunteers from a variety of roles. We will hold approximately 6 meetings per year and would like to use the committee as a positive way of driving volunteering forward. We would like to encourage more volunteers to join the committee. The committee is a way of supporting the development of volunteering and seeking out new ways to support LJWB.

If you would like to join the committee or would like more information please contact@

Angie: 2185893

angie.furminger@ljwb.co.uk

PICKERS AND PACKERS

We are looking for 3 or 4 volunteers to help put together some packs of information. I have a session arranged for Thursday 7th December 12pm-2pm here in the MAZCC.

If you can come along and help please contact:

tracy.bickler@ljwb.co.uk

Befrienders

Befriending is an extremely positive way to make a difference in someone's life-it is a small time commitment each week with a high impact.

Currently there are 16 people hoping to be matched with a befriender. It would be wonderful if we were able to create matches to enable those feeling particularly vulnerable or isolated to feel more part of the community.

Training and support will be given and all matches are considered very carefully. If you feel you are able to give 1 or 2 hours per week to someone who would benefit or would like more information please contact **Angie: 2185893**

angie.furminger@ljwb.co.uk

THE VINE

We sometimes need additional volunteers to support serving meals in The Vine. This role is a daily one however volunteers can choose which day you prefer to volunteer on. Volunteers arrive for approximately 11.30am to ensure the dining room is set up and to support diners in to the dining room. Volunteers are usually finished by 1pm at the latest.

If you feel you could support this role please let me know and we can add you on to the list.

Contact:

Angie 2185893

angie.furminger@ljwb.co.uk

URGENT VOLUNTEER REQUESTS



thewellfairshop

Can you spare some time to support in **thewellfairshop**? We are open: Monday-Thursday 9am-5pm, Friday 9am-4pm (Summer) Sundays 9am-2pm. Come along and join the team at the 'Harvey Nichols of the North'

BEFRIENDERS

Can you give an hour of your time each week to become a befriender and reduce isolation in the community? We have a waiting list of people who would benefit from a friendly visit – training and support will be given.

We are seeking more drivers to help support people to attend activities in the centre...can you offer to pick up/take people home who are feeling isolated? We have clients who would like to come to the centre for lunch, to meet friends for coffee or who would like to join in activities.

APPOINTMENT DRIVERS/SUPPORTERS

I am looking for a bank of volunteers who would be happy to help with taking clients to/from various appointments. These appointments will vary. A bank of volunteers who are able to support with this would be appreciated. Information will be given about individual appointments as needed.

LISTENING LINE

Are you happy to chat with people over the phone? Do you think you could be the voice someone who is lonely looks forward to hearing? If so you would be perfect for our listening line. We are seeking volunteers to support the listening line for morning sessions.

WELLBEING AFTERNOON -VOLUNTEER DRIVERS and HELPERS

A bank of drivers is required to bring people to the Wellbeing Afternoon on Mondays at 1.30pm and/or take them home at 4.00pm. We also need someone who can help support the afternoon session.

CHAIROBICS/SING YOURSELF HAPPY

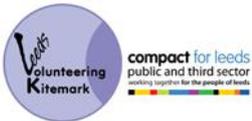
We are looking for helpers with Chairobics on Tuesdays 10.45am-12.15pm and Sing Yourself Happy on Wednesdays 1.45pm-3.45pm. Are you friendly and able to support service users to join in?

ToGeTher 😊 - A Sunday group providing children with Special needs an opportunity to play and learn whilst making friends in a safe supported environment. We are seeking volunteers to support the session starting on Sunday 19th November from 9am-11am

The 1001 Days Project- A range of new activities and groups to support pregnant women, new parents and families with young children of pre-school age. Various activities throughout the week. Volunteers needed from 8.30am-12.30pm

All volunteers must be aged 16+ and be willing to have a DBS

If you would like **further information** about these and other existing volunteering opportunities, please do not hesitate to contact me. I am situated at the **MAZCC, 9.30am-5.00pm Monday – Thursday, Friday 9.30am-2pm**



Angie Furminger
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Please keep up to date with activities and volunteering opportunities on social media

Website: ljwb.co.uk



<https://www.facebook.com/LJWBLEEDS/>

Volunteer facebook page : <https://www.facebook.com/groups/ljwbvolunteers/>



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