



## MEN'S GROUP

Do you feel that you would benefit from being involved in a group that is specifically for men? Do you have opinions on <sup>\*</sup>topics that you would like to talk about and share with other men?

If so, there will be an opportunity for you to chat and share your views or issues. You can take an active part in running the group and deciding what the group does, and make friends with people in your local area.

The Men's group will be held at the address below, 6pm Wednesday 30th November 2016. It will be a topic meeting followed by a quiz.

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